

National Karate Institute

Korean Terminology

www.moorestownmartialarts.com

Kun Gek Do	Way of Attacking Fist (our Style)	Hana ... Il	One
Kim Moo Kwan	Our Art (traced through Master Kim's family)	Duor... Ee	Two
Dojang	Training Studio	Set... Sam	Three
Do Ju Nim	Founding Grand Master	Net... Sa	Four
Chong Kwan Chang Nim	Grand Master	Tasot... Oh	Five
Kwan Chang Nim	Master	Yosot... Yuk	Six
Sah Bum Nim	Head Instructor	Ilgope... Chil	Seven
Kyo Sah Nim	Instructor	Yudor... Pal	Eight
Sun Bae	Senior Rank	Ahope... Ku	Nine
Hu Bae	Junior Rank	Yol... Ship	Ten
Dan	Black Belt	Kyung Yet	Bow
Gup	Color Belt	Ko Map Sum Ni Da	Thank You
Do Bohk	Uniform	Choon Bee	Ready
Dee	Belt	Shio	Rest / At Ease
Cha Ryut	Attention	Shi Jak	Start / Begin
Kukgi Bae Rae	Salute to the Flag	An Joh	Sit
Kukgi	Flag	Ira Soh	Stand Up
Ba Ro	Return	Tora	Turn
Mook Yum	Meditation	Diro Tora	Turn to Back
Kumon	Stop	Dashi	Again
Chon Kyung	Respect	Nopee	Higher
Choong Sung	Loyalty	Bali	Fast
Shin Le	Confidence	Kong Kyuck	Attack
Check Im	Responsibility	Mahk Kee	Block
Myung E	Honor	Cha Gi	Kick
Chung Sin Tong Il	Concentration	Cha Seh	Stance
Pil Sung	Victory	Ahp	Front
Kyum Son	Humility	Di	Back
Qi	Energy	Yup	Side
Dan Juhn	Qi Pocket / Center	Pahl	Arm
Qi Hap	Release of concentrated energy from Dan Juhn by way of yelling	Pahl Koop	Elbow
Choon Bee Woon Dong	Warm-up Exercises	Sohn	Hand
In Neh	Endurance	Sohn Mok	Wrist
Hyung	Form / Pattern	Da Ri	Leg
Dae Ryun	Sparring	Moo Roop	Knee
Il Soo Sik Dae Ryun	One Step Sparring	Bahl	Foot
Ho Sin Sul	Self Defense	Bahl Mok	Ankle
Kyuck Pa	Breaking	Mok	Neck
		Chu Mok	Fist
		Hur Ri	Waist
		Muddi	Head
		E Ma	Forehead
		Tuck	Chin
		Nuhn	Eye
		Kohl	Nose
		Ip	Mouth
		Gi	Ear
		Myung Chi	Solar Plexus
		In Choong	Piltrum
		Ko Hwan	Groin