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Introduction Lesson

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## Test Requirements

<p><b>Techniques:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>	<p><b>Kicks:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>
<p><b>One Steps</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>	<p><b>Self Defense:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>
<p><b>Noc Bup:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>	<p><b>Breaks:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>
<p><b>Sparring:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>	<p><b>Hyung (Form):</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>
<p><b>Knowledge:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>	<p><b>Terminology:</b></p> <ul style="list-style-type: none"> <li>• You'll find out</li> </ul>

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